

Analyzing the Relation between Pain Status of Football Players and Motivation

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ABSTRACT This study aims to determine pain-causing situations and motivation levels of football players to perform sporting activities when they are in pain. Within this scope, a three-part questionnaire was conducted on 2,465 sportsmen. The respondents were chosen randomly. These sportsmen work for private or public clubs. Following the reliability analysis, the Cronbach's alpha coefficient was found 0.873. Parametric and non-parametric tests were conducted for the analysis of data obtained. It was inferred from the statistics that age, body mass index, frequency and duration of training, and the position in the pitch are the factors that have significant impacts on pain situations.